

## Scientific Workshop 22

### Introduction of Management Tool for Daily Life Performance (MTDLP) in Japan

**Date & Time:** 2024/11/8 15:30-17:00

**Venue:** Venue 8 (2F 201+202)

**Estimated capacity:** 30

**Lecturer:**

Chiga Murai (Ishikawa Prefectural Hospital of Mental Health)

Yaeko Shibata (Hyogo Rehabilitation Center Central Hospital)

NAOTAKA MIKAMI (Japanese Association of Occupational Therapists)

BUNTA FUMOTO (Social medical corporation Takahashi hospital)

### Outline

[Background] In Japan, which is facing an aging society, the development of a community-based integrated care system that comprehensively provides medical care, nursing care, housing, and life support has begun, allowing the elderly to continue living in their local communities. The JAOT has developed a "Management Tool for Daily Life Performance" (MTDLP) to present the different aspects of occupational therapy that can contribute to community-based integrated care systems in a manner that is easy for people to understand.

[Purpose] MTDLP focuses on activities a person wants to, needs to, or is expected to do, and the constraints to achieving these goals are assessed based on the ICF (process evaluation), followed by interventions targeting the factors of 'Body Functions,' 'Activity,' and 'Participation' (outcome evaluation). The therapist also shares the goals with clients, encouraging them to actively participate in their interventions, thereby promoting positive recovery. The PDCA cycle, a management method that allows for continuous improvement, is applied.

[Method] ①Provides MTDLP content and practical examples. ②Participants will complete the sheets together and conduct a case study. ③Finally, we will exchange opinions with the participants and hold a question and answer session.

[Target participants] This workshop is open to all occupational therapists and occupational therapist students.