

# Rehabilitation during disasters and disaster prevention measures in Japan

## 災害とリハビリテーション

### Lecturer:

Satomi Kobayashi (Japan disaster rehabilitation assistance team, Hokkaido branch/DoRAT)

Hiroaki Tokusa (DoRAT)

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Takeshi Mizuno (Himawari Medical Corporation Sasson Hospital)

**Time:** 10:00-11:30

**Room:** 201

**Minimum number of participants:** 8

**Estimated capacity:** 20

**Participation fee per person:** 500 JPY

### Learning Objectives

- ① Learn about rehabilitation during disasters and disaster prevention measures in Japan.
- ② Experience disaster prevention goods (cardboard beds, portable toilets, emergency food, etc.) that can be used at evacuation centers or at home in the event of a disaster.

### Outline

In recent years, large-scale disasters have occurred not only in Japan but all over the world. The importance and necessity of support activities aimed at rehabilitation, daily life support, and prevention of secondary disabilities for the elderly and disabled people who need support in the event of a disaster has come to be recognized. In Japan, a rehabilitation-related organization launched The Japan Disaster Rehabilitation Assistance Team (JRAT) in 2013, and the team conducts support activities for disaster victims and areas during disasters. In this WS, participants from various countries can deepen their learning from lectures about rehabilitation during disasters and disaster prevention measures from Hokkaido JRAT(DoRAT)members include group work and a hands-on corner .