

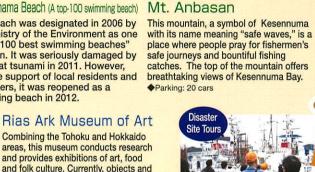
Tourism Section, Industrial Department, Kesennuma City http://www.city.kesennuma.lg.jp



of the mountain, you can enjoy a magnificent panoramic view of the rias coast from 235m above sea level.



This beach was designated in 2006 by the Ministry of the Environment as one of the "100 best swimming beaches" in Japan. It was seriously damaged by the great tsunami in 2011. However, with the support of local residents and volunteers, it was reopened as a swimming beach in 2012.



Mt. Tokusenjosan

Parking: 150 cars

This mountain rises 711m above sea level.

and has one of the biggest areas of wild

Yamatsutsuji and Rengetsutsuji azalea

flowers turn the whole mountain bright red.

azalea shrubs in Japan. In late May,

Photograph of the guided tour

Volunteer guides show you around sightseeing spots, telling about the history, nature and culture and storytellers inform you of experiences of the 2011 disaster and recovery from it. Both groups

◆Contact: Kesennuma Tourism & Convention Bureau



Shark Fin The Sanriku Coast has many sunny days in winter, and the dry west wind is suitable for the production of good shark fin. As such, this is Japan's top area for shark fin both in quantity and quality.

na Horumon'

niso. Eat it Kesennuma-style, with

ned cabbage and Worcestershire sauce.

lled pork innards seasoned with

A local guide tells you

disaster while walking

can learn how to cope

Oshima Tourism Association

TEL: 0226-28-3000

the island, and you

with disaster and

ensure safety.

♦Contact: Kesennuma

about the 2011

Saurv

Written as "autumn

sword fish" in kanii

(Chinese character)

saury represents the

between late August

and late November.

taste of autumn in

Kesennuma, The

hest season is

Bonito

Sea Squirt

This local delicacy is

(sweet, bitter, salty and

sour) It is also referred

and you shouldn't miss

A Traditional Local Di

around February and March.)

"Azara"

to as "sea pineapple."

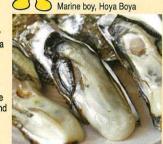
esennuma

The official fish of the city, the bonito catch here leads all of Japan in both quantity and sales. The bonito coming back from the south in September are called "torogatsuo," and are fatty and full of flavor.



Oysters The rivers that flow

into the Kesennuma Bay from the Kitakami Mountain Range are rich in nutrients, and the oysters grown there are thick in body and in flavor. The best season is between mid-October and early April.



Tourism Character

The city of slow food

A variety of seafood, abundant in each season. makes Kesennuma a mecca for sushi. You can enjoy some of the reshest and most exquisite sushi available



Aquaculture Facility

Guided by fishermen, you can observe how oysters and scallops are raised. and feel firsthand the bounty of nature.

◆Contact: Karakuwa-cho Tourism Association



Iwaisaki used to be an active salt production area for the Sendai domain. You can experience a traditional salt production process to make natural, mineral-rich salt, using sea water.

◆Contact: Kesennuma City Hashikami



Experience making shiokara from squid caught off the coast of Sanriku after cleaning the squid yourself. Shiokara makes a great souvenir. ♦Contact: Kesennuma Oshima Tourism Association

Denotes a Geopoint in this brochure.

Paleozoic Nanbu-Kitakami | Permian fossil site in Kamiyasse

Gold Produced in Kesennuma Ova / Shishiori Gold Mine Sites

Sanriku Geopark Designated as a Geopark of Japan in September, 2013

TEL: 0226-27-5410



One of the biggest lumps of natural gold – nicknamed "Monster Gold" – was unearthed from Shishiori Gold Mine. Oya Mine also used to be a leading mine, excavating more than one ton of gold per year. Both mines supported the old golden culture in Hiraizumi. The museums exhibit precious materials from those days. Each mine was designated as a Geopoint of Sanriku Geopark in September, 2013.



Enunkan Garden

A garden with a pond owned by the Ayukai Family, who served the Date Family, the feudal-lord clan of the Sendai domain. It was created in the early Edo period by Shimizu Dokan II, the head of a tea ceremony school of the Sendai domain. Many trees, including a rare weeping cypress, are planted in the garden, and you can enjoy them in any season. Ochiai Naobumi, a renowned scholar of Japanese literature and tanka poet, is from the





photographs from the Great East

Japan Earthquake are on display.

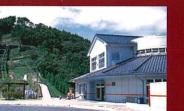
Contact: Rias Ark Museum of Ar TEL: 0226-24-1611

Parking: 50 cars

convey the unique charms of Kesennuma. TEL: 0226-22-4560

Designated National Treasures Kugunarihama Beach and Kukunakihama Beach

Both Kugunarihama Beach and Kukunakihama Beach are beaches where the dry sand squeaks when stepped on. Kugunarihama Beach is in Oshima, Kesennuma, and Kukunakihama Beach is in Moune, Karakuwa Peninsula. Both



Isaribi Park

Located on the hillside of Mt. Hayamasan, this park provides great views of the Karakuwa Peninsula sea. There is a restaurant where you can enjoy dishes using seasonal ingredients.
Fish-luring fires can be seen on the horizon at

◆Parking: 50 cars / 5 large cars ◆Contact: Isaribi Park TEL: 0226-32-4340



Karakuwa Peninsula Visitor Center

Karakuwa Peninsula. Currently, photographs of the Great East Japan Earthquake are on display. The Tsunami Museum, the first of this kind in Japan, lets you experience

◆Parking: 30 cars / 5 large cars ◆Contact: Karakuwa Peninsula Visitor Center TEL: 0226-32-3029



Tsunami Museum

Experience people's lives in the natural surroundings of the firsthand the menacing power of nature via a virtual tsunami



Karakuwa Peninsula

Oshima Island

Cape Iwaisaki



Dairisekikaigan Coast

Cape Osaki, Ogama / Oreishi / Hanzo / Deirisekikaigan Coast, Kukunakihama Beach, Tsunamiishi in Kannokura

Kugunarihama Beach, Cape Tatsumaizaki, Wakagihama Beach

Permian fossil site, Statue of Sumo Wrestler Yokozuna (Grand Champion), Hidenoyama Raigoro, Shiofukiiwa

sannuma Bay Motoyoshikaigan Coast | Shinmeisaki, Oisehama Beach, Oyakaigan Coast, Osawakaigan Coast



Get to know how the earth was formed 500 million years ago, and how it has

Japan's largest Geopark, with a 300 km coast line and 6,000 m² area stretching

from Hachinohe Aomori Prefecture to

the Sanriku Coast in Kesennuma, Miyagi

Prefecture, Kesennuma has six Geosite

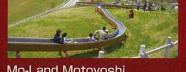
evolved to the present day. This is

Hassobiki Wall Layer at Cape Osaki

Responed in 2014

Kesennuma "Uminoichi"

A tourism facility where a wide variety of seafood from Kesennuma is on sale. It was closed due to the 2011 disaster, but reopened in 2014. Inside the facility, there are shops and restaurants, a tourist information center and the Shark Museum. At the Shark Museum, you can learn about the amazing lives of sharks. There is also a theater showing a film on the 2011 disaster and recovery from it. The information center has detailed information about sightseeing spots, dining and accommodations.



Mo-Land Motoyoshi

A 52-hectare green pasture stretching on a hill overlooking the Pacific Ocean. You can spend time with cows and ponies that are let out to graze. There is also an athletic facility, including the longest roller slide in Miyagi Prefecture. A butter making workshop is also available.

- ◆Parking: 58 cars
- ◆Contact: Mo-Land Motoyoshi TEL: 0226-43-9006



- ◆Contact: Motoyoshi-cho Sangyo Shinko Kosha, Ltd. TEL: 0226-44-3180
- popular, locally-developed shark fin soft serve ice cream. were designated as National Treasures in 2011.